Thieves®

The highly antiviral, antiseptic properties of the single oils contained in this blend help protect the body from the onset of flu, candida, colds, etc. It may also help with sinusitis, bronchitis, pneumonia, coughs, strep, sore throats, periodontal (gum) disease, teething, cold sores, canker sores, bruises, cuts, infection, slivers and splinters (pulls to surface). It is considered antiplague as it was used by thieves in England to protect them from the plague when stealing from the sick and dying.

Single Oils Contained In This Blend:

- Clove-is antibacterial, antifungal, anti-infectious, antiparasitic, a strong antiseptic, antiviral, and an immune stimulant. It may influence healing and help create a feeling of protection and courage.
- Lemon-promotes health, healing, physical energy, and purification. Its fragrance is invigorating, enhancing, and warming. It is an antiseptic and is great for the respiratory system.
- Cinnamon Bark-is part of the formula the Lord gave Moses (Exodus 30:22-27). It has very specific purposes: (1) it is a powerful purifier, (2) it is a powerful oxygenator, and (3) it enhances the action and the activity of other oils. It may have a stimulating and toning effect on the whole body and particularly the circulatory system. It is antibacterial, antifungal, anti-infectious, anti-inflammatory, antimicrobial, antiparasitic, antiseptic, antispasmodic, antiviral, astringent, immune-stimulant, sexual stimulant, and warming.
- Eucalyptus radiata-may have a profound antiviral effect upon the respiratory system. It also has strong antibacterial, anticatarrhal, and antiseptic properties.
- Rosemary cineol-may help balance heart function, energize the solar plexus, and reduce mental fatigue. It may improve circulation and help stimulate the nerves. It is antiseptic and anti-infectious.
- Body System(s) Affected: If-e oils in this blend may help it be effective for dealing with various problems related to the immune system.
- Aromatic Influence: Diffuse this blend of oils periodically for 20-25 minutes at a time to help protect the body against the onset of flu, colds, and viruses.
- Application: Massage bottom of feet, throat, stomach, and intestines. Dilute

one drop of Thieves in 15 drops of V-6 Oil and massage the thymus to stimulate the immune system and massage under the arms to stimulate the lymphatic system. It is best applied to the bottom of the feet as it may be caustic to the skin. Always dilute with V-6 Oil.

Safety Data: Repeated use can result in extreme contact sensitization. Can cause extreme skin irrita-

tion. Use 'With caution during pregnancy.

Companion Oils: Put <u>ImmuPower</u> on the throat and <u>Thieves</u> on the feet, then alternate by putting <u>Thieves</u> on the throat and <u>ImmuPower</u> on the feet. Can also alternate <u>ImmuPower</u> with <u>Exodus II</u>.

Frequency: Emotional and Spiritual; approximately 150 MHz.

Comments: Studies conducted by Weber State University (Ogden, UT) during 1997 showed the antibacterial effectiveness of this blend (<u>Thieves</u>) against airborne microorganisms. One study showed a 90% reduction in the number of gram positive *Micrococcus luteus* organisms after diffusing <u>Thieves</u> for 12 minutes. After diffusing <u>Thieves</u> for a total of 20 minutes, there was a 99.3% reduction. Another study against the gram negative *Pseudomonas aeruginosa* showed a kill rate of 99.96% after just 12 minutes of diffusion.